



Programming Schedule Fall 2023

Large Room

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------|----------------------|----------------|-----------------|-------------------|-----------------|--------------|-----------------|
| 8:00 AM | | | | | | | |
| 8:30 AM | | | | | | | |
| 9:00 AM | | Tai Chi | | | Tai Chi | | |
| 9:30 AM | | 9:00 - 10:00 | | Chair Yoga & | 9:00 - 10:00 | | |
| 10:00 AM | Art 10:00 - 12:00 | | Mahjong - | Creative Core | | Zumba | Big Joe Fitness |
| 10:30 AM | | | Instructional & | 9:30 - 11:00 | | 9:30 - 10:30 | 9:30 - 10:15 |
| 11:00 AM | | | Free Play | Drop In Tech Talk | | | |
| 11:30 AM | | | 10:00 - 12:00 | 11:00 - 12:00 | | | |
| 12:00 PM | | Gentle Fitness | | | Gentle Fitness | | |
| 12:30 PM | | 11:30 - 12:15 | | | 11:30 - 12:15 | | |
| 1:00 PM | | | | | | | |
| 1:30 PM | | | | | | | |
| 2:00 PM | | | | | | | |
| 2:30 PM | | | | | | | |
| 3:00 PM | | | | | | | |
| 3:30 PM | | | | | | | |
| 4:00 PM | | | | | | | |
| 4:30 PM | | | | | | | |
| 5:00 PM | | | | | | | |
| 5:30 PM | | | | | | | |
| 6:00 PM | | | | | | | |
| 6:30 PM | Sweat and Swagger | | Zumba with | Big Joe Fitness | | | |
| 7:00 PM | with Melodie | | Melodie | 6:30 - 7:15 | | | |
| 7:30 PM | 6:30 - 7:30 | | 6:30 - 7:30 | | Teen Drama Club | | |
| 8:00 PM | | | | | 7:00 - 9:00 | | |
| 8:30 PM | | | | | | | |
| 9:00 PM | | | | | | | |

Toddlers

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|-------------------------|--|--|---|----------------------|
| 9:00 AM | | | | | |
| 9:30 AM | Zumbini 9:45 - 10:25 | Playgroup 2 year olds 9:30 - 11:15 | Playgroup 2 year olds 9:30 - 11:15 | | |
| 10:00 AM | | | | Playgroup Under 2 year olds 10:00 - 11:30 | |
| 10:30 AM | | | | | |
| 11:00 AM | | | | | |
| 11:30 AM | | | | | Toddler Boot Camp |
| 12:00 PM | | | | | 10:30 - 11:10 |